

A Communal Advent Meditation
Members of First Christian Church (DOC) – Minneapolis, compiled by Anna Bliss

Preparation
Anticipation
Light and dark – darkness
Waiting – waiting
Promise hope light
Light – joy – fullness – excitement – looking beyond what we see
Egg nog – cookies – neighborhood lights
Bells – candles – music – traditions
Grandchildren playing angels
Little Drummer Boy at school
Love – hope – sharing
 Longing for relief
Sparkles – color – purple – blue – burning down a candle in patience

Quiet meditation
 Darkness
 Depression
Kindness
Forgiveness
Sharing
Understanding – acceptance
Peace – peace – peace
Family – family gathering
Love community togetherness peace
Preparing home – heart – spirit
Anticipation – waiting

Candles – warmth – community
Evergreen – pine trees – snow
Music – hope – music – light
 Waiting – hope yet sadness
Carols – Mannheim Steamroller
Thankful – hopeful – hearty cheer
Family
 Family
 Family
 Peace

Anticipation
Preparation
Peace Hope Joy Love
Candlelight service
Christmas music
Christ is coming
Christmas