

The COURIER

First Christian Church (Disciples of Christ), Minneapolis



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UPCOMING Events:

*Trustee meeting,
Wednesday Oct. 12,
6:30 pm*

*Ministers Recognition
Sunday, October 16*

*FCC Board Meeting,
Tuesday, Oct. 18, 7 pm*

*Sun., Oct. 30 after worship
Fundraising lunch for
Nicaragua trip*

October: A time to be thankful for pastors

October is Ministerial Appreciation Month, a special time that congregations all across the nation set aside to honor pastors and pastoral families for the hard work, sacrificial dedication and multiple blessings provided by these special people.



Both Pastor Laurie Pound Feille and Pastor Dan Adolphson are quick to remind us that, as members of the Disciples of Christ denomination, we ALL are ministers. But the nature of the service

provided by our pastors and their families is unique. They are called to serve in countless ways: preachers, teachers, counselors, organizers, event and mission trip planners, cheerleaders, prophets, web masters, innovators, prayer leaders, fund raisers, networkers, social workers – the list is endless.

In addition to our two "official" pastors, FCC is blessed with a multitude of congregational members who have formerly pastored churches, currently work as chaplains or have become trained licensed ministers. Sunday, October 16, during our worship service, we will formally recognize all the commissioned and ordained ministers affiliated with this congregation: Laurie Pound Feille, Dan Adolphson, David Cobb, Bryan Feille, Garry Hesser, Jay Hillestad, Mary Hurlocker, Ron Keith, Lynda Lee, Chris McDonald-Dennis, Wendy Manuel, Ana Wilson, and Tom West.

Throughout this month and year, please remember to find your special way to say thanks and to show your appreciation for our pastors and others – chaplains, Sunday School teachers, regional leaders, retired pastors – for their selfless service.

In Our Prayers. . .**Prayers of Sympathy**

*For the family of Don Sather,
former elder and trustee of
FCC, who passed away
September 29*

Prayers of Concern

*For Barb Creighton's mother
and family as she moves
into rehab
For Belinda Flanagan's
cousin healing from surgery
For Grace Madsen healing
from surgery
For Nancy Curry's mother
For all our homebound
members including Evelyn
Lawson and Bev Singewald
For Lu Griffin recovering
from a detached retina*

Prayers for the World

*For the congregation of
Plymouth Congregational
Church in Eau Claire,
whose church burned
For people all around the
world suffering from war,
terrorism, tragic accidents*

**Voices and Views****Pastor Dan Adolphson**

At First Christian Church, we are deeply involved in addressing homelessness issues. There are major changes coming to the Hennepin County Single Adult Emergency Shelter system and a new program through Downtown Congregations to End Homelessness (DCEH) that I want to share with you.

Single Adult Shelter Connect Launches October 17

The five organizations that provide single adult shelter (Salvation Army, Simpson Housing Services, Catholic Charities, St. Stephen's Human Services, and Our Saviour's Housing) have formed a collaborative to work together to better provide shelter services for all single adults experiencing homelessness in Hennepin County.

Beginning on October 17, the Adult Shelter Connect will open at St. Olaf Catholic Church in downtown Minneapolis. The Adult Shelter Connect is a physical space that any single adult (18+) experiencing homelessness can visit in order to access an emergency shelter bed in Hennepin County. This replaces the outdated lottery bed system that the shelters have operated under for many years. At the Adult Shelter Connect, a person who is experiencing homelessness can talk to an advocate before they enter shelter, reserve their bed during the day and claim it at night, be able to ask questions and get a full menu of options available to them. The long-term goal of this new system is to help move people from homelessness to supportive housing, and connect people with vital health and social service options they could miss under the old lottery system. The Adult Shelter Connect will be open Monday thru Friday, 9 am – 5:30 pm, and 1:30-5:30 pm on Saturday and Sunday.

DCEH Forming New Emergency Rental Assistance Program

The member congregations of DCEH (Downtown Congregations to End Homelessness) have noticed an upswing in phone calls and requests for emergency rental assistance in 2016. Much like the Adult Shelter Connect, it is the desire of DCEH to take a broader, more streamlined, and comprehensive approach to this need. We have developed a simple application that will be available at all DCEH congregations; the completed application will be sent to our ERA processor (a new part-time DCEH staff position), for evaluation and connection to one of our Direct Service Provider congregation (Basilica of St. Mary, St. Olaf, Dignity Center/HAUMC, and Central Lutheran) for rental assistance and for connection to programs. We are in final stages of program development and hiring the staff person and hope to launch the program later this year.

FCC to host conference on Mental Health

1 in 5 Americans live with a mental health condition. Many times they are stigmatized, feared and shunned. Others suffer silently, afraid to share their stories or unable to access the resources they need. As communities of faith, how do we address these issues and minister to those who need help? How can we turn our faith communities into safe havens where those struggling with mental health issues feel welcomed, loved and cared for?



Join us November 11-12 at SpringHouse to explore these questions and more at the second Voices Conference, "Mental Health and the Faith community's Response." Keynote speaker Rev. Dr. Sarah Griffith Lund, who has a depth of experience with mental health issues, will dispel the major myths and teach us how to build communities of faith that are welcoming, inclusive, supportive, and engaged. Mental health experts and community partners will give us the knowledge, tools, and resources needed to provide this important ministry in our diverse contexts. Together we will explore the vital role for communities of faith in mental health. [Registration and more information](#) is available online.

Pancakes October 9 from Theater Coup d'Etat

Theater Coup D'Etat will be hosting the SpringHouse fellowship time after worship on October 9 by providing a pancake breakfast. They want to show their appreciation for being able to produce their current play "Antigone" at SpringHouse.

Performances at SpringHouse of "Antigone," Theatre Coup d'Etat's original adaptation of the classic Greek drama by Sophocles, will be on October 8-10 and October 14-17. See <http://www.brownpapertickets.com/event/2595843> for times and tickets.

Dr. William Barber to speak at Plymouth Church



Dr. William J. Barber II, a Disciples pastor from North Carolina who electrified audiences at the Democratic National Convention this summer, will be speaking at Plymouth Congregational Church, 1900 Nicollet Avenue, this Monday evening, October 7, at 7 pm. He will join Rev. Dr. James A. Forbes, Senior Pastor

Emeritus of Riverside Church in New York City to speak at an event called "Moral Revival." The Plymouth publicity flier for the event states, "Everyone, of any faith (or none), is invited! Come lift up economic and racial justice, health care for all, equality in education and reform for the criminal justice system."

Health at First

Julie Andrix, Faith
Community Nurse



What makes life worthwhile for you? What inspires or drives you to get up in the morning? So, what does this have to do with health and church?

Many people attend church to begin the week on the "right foot" and they feel a wellness or peace inside. Mental and spiritual health can be enriched in relationships at church. This, in turn, can lead to physical health. Being a part of a healing, caring and supportive environment can give people the ability to handle life's stressors.

This brings me to our stewardship campaign taking place for the next few weeks. Coming to First Christian Church has meant a great deal for my mental and spiritual life. I think that being a member of the church family encourages a healthy way of living and interacting in the world, having mental wellness and a positive outlook on life. An article that I read recently mentioned that the main functions of a congregation are teaching, preaching, fellowship, worship, service and advocacy. Each of these can have a role in your health.

You probably have heard the saying by giving of yourself, you receive more in return and long-lasting relationships are formed because of it. What will your function be at church? Prayerfully consider your gifts. Julie Andrix

**Sundays at First Christian Church
Worship at 10:30**

Before Worship

Hearthstone Class, 9 am
Children's Classes, 9:20 am
Joint Adult class 9:30 am

After Worship

Fellowship Time 11:45

**Narrative Lectionary
October 9: Golden Calf
Exodus 32:1-14**



**Dancing Around the
Golden Calf by Fir
Heil, Netherlands**

*First Christian Church (Disciples of Christ), Minneapolis,
is a partner church at SpringHouse Ministry Center*

Reflections on the Word

*Exodus 32: 4a – "He [Aaron]
took the gold from them, formed
it in a mold, and cast an image
of a calf"*

Aaron, what were you thinking?
This is the question we want to
ask of Moses' elder brother, his
counselor, his spokesman, a
high priest of the people. Was
Aaron deliberately leading the
people to other gods? Did he
think a golden statue would help
the people in some way? How
could a trusted leader be capable
of such bad judgment?

*Loving God, Save us from rash
and ill-considered deeds and
forgive us for our foolish acts.
Amen.*

*A Welcoming Community of Faith
in the Heart of the City*

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