The Courier

First Christian Church (Disciples of Christ), Minneapolis



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UPCOMING Events

Sandwich Making for Dignity Center, June 1, 2 pm

> First Saturday Family Partnership, June 4, 6 pm

Dining Out for Whittier School, June 1

Lyndale Open Streets, Sunday, June 5

First conference in "Voices" series a success

The first-ever professional conference underwritten by First Christian Church's Wholeness Fund was held May 13-14, and by all accounts, was a rousing success.

83 people registered for the inaugural conference titled "Trauma and Its Aftermath: Moral Injury and Moral Meaning Making" and, together with staff, presenters, and volunteers, over 100 people were involved. Chaplains, representatives from various veterans and social service organizations, clergy and lay people attended the conference, beginning with the opening lecture on Friday night: Moral Injury, Soul Repair, and Congregations by keynote speaker Rev. Dr. Rita Nakashima Brock, Director of The Soul Repair Center at Brite Divinity School.



Dr. Rita Nakashima keynote address

On Saturday, Dr. Nakashima Brock gave a second lecture, and then other conference presenters led workshops on such topics as "Veterans and Their Addictions," "Military Sexual Trauma and Healing," "Grief and Ritual," and "The Challenge to the Church to Care for Returning Veterans." Workshop presenters included three authors (Dr. Lanny Kuester, Secrets of the Grand Canyon;

Dr. Mic Hunter, Honor Betrayed: Sexual Abuse in America's Brock presenting her Military; and Catherine Madison, The War Came Home With Him), as well as Paula Hart, President and CEO of Volunteers of

America; Wendy Smith, Principal of VOA High School; Paul Riedner, Executive Director of Veteran Resilience Project; Dr. Amy Blumenshine of Coming Home Collaborative; and Rev. David Thompson, retired Navy chaplain. Musician Tim Frantzich led reflection and centering interludes as well as opening and closing ceremonies.

The entire SpringHouse building was put to use, with resource and book tables in the Children's Area, a room set aside for meditation, all three sanctuaries for workshops, and the Gathering Space for registration and lunch.



Final panel discussion

The FCC Community was deeply involved with the conference. Jay Hillestad and Lynda Lee worked with Pastor Dan Adolphson on the planning committee, with additional input from Pastor Laurie Feille. Deb Murphy, Rick Bowman, Lu Zhang, Max Hurlocker, Mike Cackoski, Henrietta Borchardt Smith, Theresa Smith, Mary Hurlocker, Gary Maanum, Mike Morgan and Ann Wolverton provided assistance in a variety of ways: set up/take down, greeting guests, taking photos, running the sound system, and assisting with the resource room and registration.

A second conference in the Voices series, planned for November 2016, will focus on how churches can deal with mental illness. Rev. Dr. Sarah Griffin Lund, a Disciples minister, a Vice President at Christian Theological Seminary in Indianapolis, and author of Blessed are the Crazy: Breaking the Silence about Mental Illness, Family, and Church, will be the keynote speaker.

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In Our Prayers

Prayers for Joy

For the birth of Beaudin
Thomas Povolny, to
Carolyn and Jon Povlony
and big brother Linden
For Rick and Ana Bowman
as they await the birth of
their first child
For Irene Hackett whose
granddaughter graduated
from St. Catherine's

Prayers for Sympathy

For the loss to our congregation of David Grant

Prayers for Concern

For Jay Chial, brother-inlaw of Serena Chial For Wally Carlson, recently hospitalized For all our homebound members, including Elaine Glore and Elaine Moe

Prayers for World

For refugees across the globe
For homeless families and individuals in Minneapolis and other cities



A message from PASTOR LAURIE



A Full Summer of Mission Work ahead

July 18-23 will be our 4th annual Mission At Our Doorstep, a week where you can participate in a Mission Trip without leaving the Twin Cities. As always, we will have a variety of activities with a variety of organizations. We always plan mission opportunities for all ages and all skill levels.

This year we will use Monday, July 18 as a day for the Mission Team to make sure we have everything we need to make your time well spent. Beginning on Tuesday, July 19, we will have mission opportunities during the day and in the evenings. We will be putting together Hygiene Kits, Clean Up Kits and School Kits for Church World Service; lunch bags and sandwiches for Simpson Shelter; decorating Meals on Wheels bags; supplying and filling backpacks for Youth Links and for elementary students; handing out lemonade and dog treats in front of SpringHouse; putting together Bags of Grace; and making sandwiches for the Dignity Center. We will be asking for donations of items and/or money for many of these activities.

We have several mission opportunities that will happen away from SpringHouse. On Wednesday, July 20, we will help Sunrise Bank with their Habitat Build. We will need all who are able to be a part of this exciting addition to our week. We will also participate in a packing session at Feed My Starving Children on Thursday, July 21, in the evening. On Friday, we will gather at Hopewell Music Cooperative in North Minneapolis and do whatever they need done. Brianna Farah, our Soprano Section Leader, is the Executive Director of Hopewell. We will end the week by spending time on Saturday, July 23, at Avenues for Homeless Youth helping out in any way that we can.

The Mission and Outreach Team is very excited about Mission At Our Doorstep 2016. Much work and many decisions go into planning the week and the team has done an outstanding job this year. We will be putting a booklet together that has all of the information you will need to fully participate during the week. We will also have a list of the supplies needed for the different mission opportunities.

On Saturday, July 30, we will leave on our 4th annual Mission Trip. This will be our third summer serving with Rippling Hope in inner city Detroit. I am thrilled that we have participants from all three congregations of SpringHouse this year!

We have a full summer with service to our neighbors in the Twin Cities and Detroit. Please keep all of our mission work in your prayers and I encourage you to find a way to participate in one our mission weeks. We need people, supplies, money and most all your prayers. Thank you for being a church that constantly lives out love of God and love of neighbor.

Much love and peace, Pastor Laurie

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New pastor for Salem English Lutheran



Pastor Rhonda Hlavinka, called by the Salem community this spring, began her time at Salem this past week, and participated in the joint worship service on Sunday, May 22. Pastor Rhonda has more than 14 years of ministry and pastoral experience, and lives in Blaine with her husband and two children. She eagerly looks forward to getting to know the Salem community, our neighborhood, and our SpringHouse partners.

Dine out to support Whittier School

PROJECT WHITTIER is a fundraising partnership between Whittier International Public School (our neighbor at 26th and Grand) and local restaurants. Project Whittier raises funds to support public elementary students' global learning. The next dining event is Wednesday, June 1 at Christos Greek Restaurant, 2632 Nicollet Ave. S. If you have dinner

there between 3 and 9 pm, and mention Whittier School as you order, 20% of the bill will be donated to the school.

Look for more connections with Whittier School in upcoming issues of *The Courier*. Two representatives from the Whittier PTA made a presentation to FCC's Board in May, and partnership ideas may follow.



Men's clothing needed at YouthLink

YouthLink, one of FCC's mission partners, recently posted the following call for help:

We are in need of men's clothing. We could use any men's dress shirts, casual shirts, khakis, jeans, and ties. If you have questions or would like to schedule a drop-off please call Jelena Song at 612-252-1280 or email song@youthlinkmn.org.

YouthLink supports homeless youth. Please help if you can.

Lyndale Open Streets Event on June 5

Heads up, everyone! The annual Open Streets Festival for Lyndale Avenue will be Sunday, June 5. Typically, Lyndale is blocked off at 10 am. There is no parking on Lyndale or at Trustone that day. Parking is still available at Intermedia Arts, but entrance to the lot will only be off Aldrich Avenue. SpringHouse is planning some kind of participation.

FCC Board Notes

Twenty-three people attended the **April 19 meeting** of FCC's Church Board. Highlights from the meeting include the following items:

- Doug Malchow and Mary Vanderford from Lyndale UCC presented plans for the **Memorial Garden** that is to be created at the SW corner of the SH building. The garden is modeled on one at St. Luke's Episcopal Church at 46th and Colfax.
- Kirsten Cackoski from the Building the Future ministry team led a "table talk" exercise for people to share ideas, hopes, and dreams for FCC's future
- A new FCC representative is needed for the SHMC Building Committee; Sunday morning greeters are needed for May; Fellowship Hour volunteers are needed for April, May, and June.
- Treasurer Pat Dunlop reported that \$1,201 was given to MN Foodshare, \$440 to Groveland Food Shelf, \$743 for Easter Offering, \$385 to Week of Compassion, and \$300 + for Flint, MI water filters.
- Mission at Our Doorstep will be July 18-23. A booklet listing activities will be available soon.

June 2016 First Christian Church



Sunday Morning Schedule

9:00 Spiritual Formation Classes 10:30 Worship 11:45 Fellowship Time in Gathering Space

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			1 8 am Narrative Lectionary Bible Study 2 pm Sandwich Making for Dignity Center	9 am Ecumenical women's ministry 6:30 pm Pastor Dan PRC	3	9 am Men's Bible Study 6 pm First Saturday Family Partnership
5 Garden Sanctuary 10 am Lyndale Open Streets Noon – Child Ministry Team Meeting	6	7	8 8 am Narrative Lectionary Bible Study 2 pm Mission and Outreach Comm. Meeting	9 9 am Ecumenical women's ministry	10	11 9 am Men's Bible Study
12 Garden Sanctuary Noon – SH Green Team Noon – FCC Dream Team	13	14	8 am Narrative Lectionary Bible Study 5:30 pm Finance committee	9 am Ecumenical women's ministry 7 pm SHMC Finance	17	9 am Men's Bible Study
19 Garden Sanctuary Noon - SHMC Activistas	20 6:45 SH Building Committee	21 6 pm Worship Committee 7 pm Board Meeting	8 am Narrative Lectionary Bible Study	9 am Ecumenical women's ministry 7 pm SHMC Board	24 TBD – 4 th Fridays for 40/50 Somethings	9 am Men's Bible Study
26 Garden Sanctuary	Day Camp at Bethel Lutheran	28	8 am Narrative Lectionary Bible Study 7 pm Book Club at Sebastian Joe's on Upton	9 am Ecumenical women's ministry	—	

	Elders	Worship Leader	Children's Moment	Diaconate	Bus Drivers
June 5	Dean Creighton Barb Creighton	Kirsten Cackoski	Dan Adolphson	A. Bliss M. Carlson	Mike Morgan 612.926-9834
June 12	Martha Harris Lu Griffin	Ann Wolverton	Laurie Feille	A. Creighton N. Curry	Mike Hesano 651-645-6758
June 19	Jay Hillestad Sandy Morgan	Athena Carlson (from Chile!)	Steve Rusinak	B. Flanagan S. Grady	Mike Morgan 612.926-9834
June 26	Val Dunham Lu Griffin	Dan Lauer	Elaine Tucker	B. Hall	Mike Hesano 651-645-6758

Note: Please call drivers by Saturday for Sunday bus ride

"Peace • Salaam • Shalom" Day Camp Theme

The South Minneapolis Day Camp's theme this summer will be



"Peace ~ Salaam ~ Shalom."
Camp will be held at Bethel
Lutheran Church (same place
as last year) from June 27
through July 1, 9 am to 4 pm.
Child care will be available
before and after for dropoff/pick-up needs. Kids age 4
through 8th grade may
participate; new this year will

be a separate track for middle school kids who have just finished grades 6-8. High school youth are eligible to be "shepherds."

Registration materials and more information are available on the Garden Sanctuary side table, in the office or online at http://oursavioursmpls.org/day-camp-2.html.

Adult help is needed to make this ecumenical collaborative, Christcentered camp work:

<u>Morning help</u>: welcoming and registering kids, morning childcare before camp starts, opening games, serving snacks, co-leading art, teaching peacemaking practices, relationship-building, shepherding and more.

<u>Afternoon help</u>: Field trip chaperones (Tuesday and Wednesday), shepherds, collaborators in service projects and more.

Please contact Deb Murphy if you are available to help, whether or not you have a "role" in mind!

What to do while Rick is gone!

Rick's Going to be a Daddy! Oh, wait - that's old news. The NEW news is that Building Manager Rick Bowman will be in the Philippines from June 9 - July 8 for the birth of his little girl Esther. So guess what that means! You got it on the first try! We will need to be extra diligent about keeping the building clean. There will be an extremely part-time custodian to help with "the highlights", so to speak, but there is a lot we can do ourselves.

- Make sure whatever meeting room you've just used is ready for the next group: chairs back at the table, white board clean, snack dishes removed, trash & recycling empty... You get the idea. Oh, and don't forget to turn off the lights in the room (and in the building if you are the last ones out).
- •If you see a spill, mess, or whatever please help whoever made it clean it up. If you don't know who made it, grab a friend to help you clean it up. Cleaning items, including a vacuum, can be found in the maintenance closet (#36 downstairs by the women's bathroom if you have a fob or code). If it is beyond your capability, please let the Building Use Coordinator, Deb Murphy, know.

Volunteers to help keep things clean and bathrooms stocked are welcome!! Just talk with Deb.

SpringHouse Board Notes

The SpringHouse Ministry Center board met Thursday, April 28 with 12 people present. Highlights from the meeting include the following:

- Currently **expenses and income** are on track with no unexpected expenses
- Scott Rustin continues to provide **IT support** *pro bono*
- A Fringe Festival event will be held at SH in August, and the building will be a polling location in August and November
- **Rick Bowman** is taking a month off to be with his wife when their baby is born. A part-time substitute building custodian is being secured
- Difficulties securing **adequate child care coverage** was discussed. The board agreed that the hourly wage may have to be increased.
- A committee to reassess the **SH** Covenant will be convened. Another committee to review current **building use policies** is also meeting.
- All three congregations will have members participating in the **Detroit Mission Trip** organized by FCC
- The board agreed to ask the three Senior Pastors to help frame a way for SH to move forward on more tangible "**Joint Ministry**."

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Sundays at First Christian Church

Worship at 10:30

Before Worship:
Spiritual Formation Classes:
9:00 Hearthstone Class,
9:15 Children's Classes:

After Worship
11:45 Fellowship Time

Scripture Reading for Sunday, May 29 Forgiveness 2 Corinthians 2: 1-10



First Christian Church (Disciples of Christ), Minneapolis, is a partner church at SpringHouse Ministry Center

Reflections on the Word

2 Corinthians 2: 7 - So now instead you should forgive and console him, so that he may not be overwhelmed by excessive sorrow. Paul is instructing the people of the church in Corinth not to punish a person who has caused harm, but to "forgive and console" him. When we have great anger at wrongdoing, it is hard to move beyond that into forgiveness. When I think of someone who has done great harm, my heart is hardened; Paul and Jesus know that extraordinary love is the only way to open that heart again.

Loving God, Help us learn to forgive others as you forgive us.

Amen.

A Welcoming Community of Faith in the Heart of the City

Ministry Team

Dan Adolphson, Associate Pastor dan.adolphson@fccmpls.org

Julia Andrix, Faith Community Nurse fcn@mpls.org

Rick Bowman, SHMC Building Manager Serena Chial, Nursery Attendant

Adam Contad, Music Director & Composer-in-Residence

Pamela Cook SHMC Youth Director springhouseyouthdirector@fccmpls.org

Laurie Pound Feille, Senior Minister pastor@fccmpls.org

Yunyue Liu, Keyboardist
Martha Harris, Courier Editor
Deb Murphy, Office Manager and Director
of Spiritual Formation for Children &
Youth, deb.murphy@fccmpls.org;
& SHMC Building Use Coordinator
events SHMC@fccmpls.org

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