

# The Courier



## Stewardship Campaign 2015 Generosity of Spirit supports FCC's work

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Property - SpringHouse



Worship



Membership -  
Picnic



Property - Bus



Worship -  
Pulpit Supply

### UPCOMING Events

Narrative Lectionary  
Bible Study,  
Wednesday, October 28,  
8 am at SpringHouse

Carter Circle, 3 pm  
Monday, November 2  
at SpringHouse

Feed My Starving  
Children,  
Saturday, November 7,  
4:30-6:40 pm

Thanksgiving Dinner, Noon  
Sunday, November 22  
Potluck - Turkey provided

*Generosity of Spirit is...*

*A state of being*

*An open heart and mind*

*Living out of a place of abundance*

*Palpable and accomplishes good things*

*A celebration of the gifts we have been given  
from God*

## Stewardship Sunday November 8, 2015



## *In Our Prayers*

### Prayers of Joy

*For the wedding of Dan Adolphson and Keith Seifert on October 18. Congratulations!*

### Prayers for Health

*For Wesley Kaake's father  
For Jimmy Burnett's brother Robert  
For Brenda Neubeck  
For Tim Leach's brother Curtis  
For Deb Murphy's friend Christina  
For all our homebound members, including Dorothy Becker and Bob and Fern Risinger*

### Prayers for World

*For all people fleeing their homes because of war and violence, and for the countries struggling to care for refugees*



## A message from PASTOR LAURIE



### All Saints Day

Sunday, November 1<sup>st</sup>, is All Saints Day. Here is a brief history of All Saints Day from a resource from the Christian Church Foundation:

*All Saints Day grew out of the early church's practice of remembering the martyrs of the church. Special days to recognize Saints developed over time. By the late 300s general observance of a day to honor all Saints was in place. In the 400s such a day was often held on the Sunday after Pentecost. By the mid 700s, All Saints Day became connected with November 1. In time All Souls Day was celebrated on November 2 in order to recognize the faithful who had died but did not have the distinctive title, "Saint".*

*With the coming of the Protestant Reformation, many reformers had grown uncomfortable, not so much with All Saints Day but with their perception of the way Saints were venerated. It seemed to many that the Saints were worshipped in place of God. Early leaders of the Christian Church (Disciples of Christ) concerned with "restoring the New Testament Church" would have found little justification for All Saints Day. Only in the past 30 years have Disciples found a place for All Saints Day in congregational life compelled by the opportunity to enhance the ministry of the church.*

I appreciate that the above history recognizes that observing All Saints Day has not been the norm for Disciples of Christ churches as many of us did not grow up knowing about All Saints Day. At the same time the beauty of being Disciples of Christ is that we can find a way as Protestants to observe All Saints Day by remembering those who have been "Saints" of our local church, denomination, other churches, other denominations, other traditions and those who are saints right here in our midst. It is also a time to remember our loved ones who have died who served as "saints" in our lives.

You are invited and encouraged to bring a picture (framed or unframed) of someone(s) that you would like to remember on Sunday, November 1<sup>st</sup>. We will have a table in our worship space where the pictures may be placed. Since we in many ways gather with that "great cloud of witnesses" every time we gather at the Table, we will come forward for communion and have an opportunity to light a candle in honor and remembrance of our Saints.

I look forward to seeing the pictures of those who have impacted your lives. I look forward to hearing the stories of your loved ones before and after worship. I look forward to experiencing the fullness of worship as we remember that "great cloud of witnesses."

Much love and peace, Pastor Laurie

## Pastor Dan Adolphson wedding October 17



Photo by Lu Zang

Pastor Dan Adolphson and Keith Seifert were married on Saturday, October 17 in Minneapolis. Pastor Laurie Feille officiated at the small, family-only ceremony. Congratulations, Dan and Keith!

## Don Cain presented with YMCA Thrive Award

At the annual YMCA Gathering on October 14, Don Cain was presented with the Thrive Award, recognizing his commitment to regular exercise at his YMCA. The 10<sup>th</sup> annual Gathering was held at the Minneapolis Convention Center and featured entertainment by Brave New Workshop, information sessions, a Health Fair and a luncheon where the Thrive Awards were presented. Congratulations, Don!

## Ordination of Rev. Tamara Rottschaefter October 25



Tammy Rottschaefter will be ordained in a ceremony at Lake Harriet Christian Church this Saturday, October 25 at 3 pm. Tammy was formerly a member of First Christian Church, and is currently the pastor at Lake Harriet as well as Partner Regional Minister for the Disciples of Christ in the Upper Midwest. The presence and prayers of all of Tammy's friends, family and faith community members are welcome. A reception will follow the ceremony.

## Daylight Savings Time Ends October 31

Don't forget to set your clocks back before going to bed Saturday night. That gives everyone an extra hour for trick-or-treating!

## New Member Profile



Shannon Grady, a lifelong Disciple, joined First Christian on October 18. Many of you already know Shannon and probably thought that she was already a member as she has participated in Pastor Laurie's class, Book Group, mission work, and other activities.

Shannon was born in Minneapolis but lived many years in Nashville, TN (where her parents still live) before moving back to Minneapolis. Shannon went to college in Florida and majored in psychology. She is putting that degree to good use in her job working with persons in the community who have serious and persistent mental illness.

Shannon enjoys reading and doing anything outside. We are delighted that she has chosen to officially join FCC!

# November 2015

## First Christian Church



### Sunday Morning Schedule

9:00 Spiritual Formation Classes  
 9:15 Children's Sunday School  
 10:30 Worship  
 11:45 Fellowship Time in Gathering Space

<b>1</b> <i>Garden Sanctuary</i>	<b>2</b> 3 pm Carter Circle @ SpringHouse	<b>3</b>	<b>4</b> 8 am SHMC Lectionary Group 10:30 am Staff Mtg 6:30 Handbells 7:45 Choir	<b>5</b> 9 am Ecumenical Women's Ministry 6:30 pm Pastor Dan's PRC	<b>6</b>	<b>7</b> 9 am Men's Bible Study 4:30 Feed My Starving Children, Chanhasen 6 pm First Saturday Family Partnership
<b>8</b> <i>Garden Sanctuary</i> Noon Green Team	<b>9</b>	<b>10</b> 7 pm SHMC Finance	<b>11</b> 8 am SHMC Lectionary Group 2 pm Mission and Outreach Comm. Mtg 5:30 pm Finance committee 6:30 Handbells 7:45 Choir	<b>12</b> 9 am Ecumenical Women's Ministry	<b>13</b>	<b>14</b> 9 am Men's Bible Study
<b>15</b> <i>Garden Sanctuary</i>  5 pm Elders at Hillestead's	<b>16</b> 6:45 pm SHMC Building Comte	<b>17</b> 6 pm Worship Committee 7 pm Board Meeting	<b>18</b> 8 am SHMC Lectionary Group 10:30 am Staff Mtg 6:30 Handbells 7:45 Choir	<b>19</b> 9 am Ecumenical Women's Ministry 7 pm SHMC Board Meeting	<b>20</b> 2 on First Saturday Partner Planning 7 pm Irreverent Movie Night	<b>21</b> 9 am Men's Bible Study
<b>22</b> <i>Garden Sanctuary</i> Noon SHMC Thanksgiving Dinner (potluck)	<b>23</b> 10 am Sanctuary Switch (moving to South Sanctuary)	<b>24</b> 7:15 Book Club at SpringHouse	<b>25</b> 8 am SHMC Lectionary Group	<b>26</b> <i>Thanksgiving Day</i>  <b>Offices Closed</b>	<b>27</b> <b>Offices Closed</b>	<b>28</b> 9 am Men's Bible Study
<b>29 First Sunday in Advent</b> <i>South Sanctuary</i>	<b>30</b>					

	Elders	Worship Leader	Children's Moment	Diaconate	Bus Drivers
<b>November 1</b>	Dean Creighton Barb Creighton	Earl Dunham	Deb Murphy	N. Curry B. Flanagan G. Madsen	Mike Morgan 612.926-9834
<b>November 8</b>	Tom Curry Garry Hesser	Becki Whitaker	Deb Murphy		Garry Hesser 612-721-4905
<b>November 15</b>	Arlene Hillestad Jay Hillestad	Garry Hesser	Dan Adolphson		Mike Hesano 651-645-6758
<b>November 22</b>	Max Hurlocker Karen Kandik	Julie Andrix	Laurie Feille		Mike Morgan 612.926-9834
<b>November 29</b>	Val Dunham Mary Hurlocker	Sandy Morgan	Deb Murphy		Garry Hesser 612-721-4905

**Note:** Please call drivers by Saturday for Sunday bus ride

## Third Annual Unite to End Homelessness Event

From each of our faith traditions, we are called to ensure that the basic needs of all people are met, including a home. Live out your faith and join congregants from all Downtown Congregations to End Homelessness (DCEH) member congregations at the third annual Unite to End Homelessness event to be inspired, build community, and act together by advocating for change in our community with more housing options for those with lower incomes.



The Unite Event is sponsored by the DCEH and takes place on **Sunday, November 15 from 2-5 pm at Masjid An-Nur (1729 Lyndale Ave. North, Minneapolis, MN 55411).**

Don't miss this exciting event to gather with people across congregations, listen to a lively panel discussion on housing in our community, worship together, and join one of four fantastic breakouts surrounding the work DCEH does. Come and discover how we are working together to end homelessness!

Go online to Unite to End Homelessness for more information and online registration.

## Theater group presents play November 8

The zAmya Theater Project of St Stephen's Human Services is presenting a play: "Home Street Home Minneapolis". The play was inspired by interviews with people who live, work, play and pray in downtown Minneapolis about how homelessness affects their lives. The production was created and is performed by a troupe of actors who have experienced homelessness. It is November 8 from 1-2:30 at Central Lutheran Church. Free lunch at noon and parking provided.

## Lyndale UCC launches new organization

The Center for Sustainable Justice is a new organization started by Lyndale United Church of Christ in the spring of 2015. Its primary purpose is to help build the movement of religious leaders and communities working together on pro-LGBT, food and environmental justice issues in the Twin Cities and across the Midwest. It does so with a special emphasis on connecting and building coalitions between people and organizations. The Center recently took an active role in the Vigil and Press Conference protesting legal charges against members of Black Lives Matter Minneapolis. See the Center's website and facebook page for more information.

## Health at First

Julie Andrix,  
Faith Community  
Nurse



Awareness of osteoporosis has been in the news lately in regards to bone health. I would like to discuss some ways to prevent or slow down the progress of the disease. We all lose bone strength as we age and osteoporosis is more common over the age of 50. Other risk factors include a family history of osteoporosis, people with small or thin body type and ones that have had broken bones or loss of height

Throughout our lives, bone is constantly being broken down and replaced. In the development of osteoporosis, creation of new bone isn't keeping up with destruction of old bone. The bones become less dense, weaker and more likely to break. Osteopenia means a lower than normal bone mass but not low enough to be considered osteoporosis. A bone mineral density test (BMD) can be done to help your doctor to find out if your bones are becoming weak and how likely you are to developing a fracture.

Be good to your bones by:

- Getting adequate daily supply of calcium and vitamin D
- Doing regular weight bearing and muscle strengthening exercises
- Eating a healthy diet including fruits and vegetables
- Reducing or eliminating alcohol
- Quit smoking
- Maintaining healthy weight

The national osteoporosis foundation ([nof.org](http://nof.org)) is an excellent informational resource. Preventing bone loss can begin at any age and habits you adopt now can affect bone health for the rest of your life.

Julie Andrix, RN, FCN

## Sundays at First Christian Church

Worship at 10:30

### Before Worship:

Spiritual Formation Classes:

9:00 Hearthstone Class,

9:15 Art of the Covenant; Adult Ed Book Study

### After Worship

11:45 Fellowship Time

### Scripture Reading for Sunday, October 25

#### *The Prodigal Son*

Luke 15: 11-32



Prodigal Son sculpture,  
Washington Cathedral  
gardens

*First Christian Church (Disciples of Christ), Minneapolis,  
is a partner church at SpringHouse Ministry Center*

### Reflections on the Word

*Luke 15:32 - But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.*

In the back room of a local theater company, there's a box labeled "Lost Yet Found." The wordplay gives those left-behind mittens and scarves a new status. The Prodigal Son parable is also about transformation and rediscovery. How much better for us to celebrate rebirth than to dwell on failures.

*Eternal lover of our wayward race, we praise you for your ever-open door. Thank you for opening your arms to accept us even before we turn to meet*

*A Welcoming Community of Faith in the  
Heart of the City*

#### **Ministry Team**

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**Adam Contad**, Director of Ensembles

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**Next Courier:** November 7

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