

The Courier

First Christian Church (Disciples of Christ), Minneapolis



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UPCOMING Events

Sanctuary Church Forum,
Sunday, March 26,
9:30 am

Carter Circle, 7 pm Monday,
April 3 at Sandy Morgan's

Wednesday Lenten Soup &
Service, April 5, 5 and 6 pm

SpringHouse Huddle,
Saturday, April 8, 9 am

2017 Lenten Prayer Vigil sign up this week



Prayer Vigil

The annual Prayer Vigil will begin after the Maundy Thursday service and continue until 3 pm on Good Friday. While the time is for each of us to have an uninterrupted dialogue with God, this prayer chain also links us to many other Disciples around the world who will be doing continuous praying. In keeping with our Lenten theme this year, you may wish to consider involving photographs of some kind during your prayer time. If you would like some resources to get you started with what to do during your prayer time, please see Karen Kandik.

Prayer can be done at SpringHouse from after the Maundy Thursday service until 10 pm. Prayer can resume at the church at 10 am on Friday. *You have the option of either praying at church or at home during the time for which you sign up, even if it is after the Thursday night service or during the day on Friday.*

Sign-up for your chosen time slot will be on the church's website. There are half hour time slots; if you wish to sign up for an hour, please be sure to sign up for both slots (separately). You will get a confirmation e-mail after you have signed up. Here is how to access the list: On the church's home page, scroll down until you see "Latest News" on the left hand side. Click on "Holy Week and Easter Schedule", then April 13 or 14 Prayer Vigil sign-up. You will be taken right to the link of the available slots.

If you do not have e-mail, please contact Karen Kandik and she can complete the sign-up for you. Remember--the early bird gets the slot of his or her choice!

MN FoodShare fun: a challenge to Pastor Laurie!

Is Pastor Laurie getting a little verbose lately? Are the sermons getting a little long? Here's our opportunity to challenge Pastor Laurie to get her message out in fewer words. For the rest of March, we will be collecting food for Minnesota Food Share. Please bring your non-perishable food items and put them in the white barrel at the back of the sanctuary. If we can fill the whole barrel up to the top, Pastor Laurie has volunteered to take 5 minutes off her sermon on April 30. If we can fill it two times, she will take 10 minutes off the sermon. If we can fill the barrel THREE times..... well, you get the picture! You don't want to miss this great opportunity to feed hungry people and challenge Pastor Laurie! Please bring as much food as you can!



In Our Prayers

Prayers of Sympathy

*For the family of Fern
Risinger, longtime and
faithful member of FCC
Her service was March 22.
For Glenn Crown of Lyndale
whose mother died recently
and for Betsy Keno of
Salem, whose mother also
died recently.*

Prayers for Concern

*For Deb Murphy and others
who are ill and missing
work
For Jim Smith, husband of
Henrietta, who is having
knee work done; also for
his brother Tom who is
critically ill
For Barb Creighton
For Lu Griffin and Mike
Hesano's injured friend
For all our homebound
members, including
Dorothy Becker and Phillis
Dunlap*

Prayers for the World

*For all who suffer from
addictions, depression, and
difficult pressures*



A message from
Bill Spangler-Dunning
Regional Minister



What do you KNOW?

When I was a child I never knew about **classism** until I overheard people talking about "how sad it was that nothing good would ever come from my family because my parents were too poor."

Now I cannot un-know that!

When I was a child I never knew about **sexism** until I overheard a clergy say to my wife that she was not allowed to preach in the community thanksgiving service because "God does not call Women to be ministers."

Now I cannot un-know that!

When I was a child I never knew about **racism** until I overheard one of my teachers say, "Black kids are just not as smart."

Now I cannot un-know that!

Up until last week when I visited Standing Rock Reservation I never knew how much **hatred** people can have for **others who have a different story**. That is until I received a note on facebook telling me how deceitful and selfish those "Indian people" can be and I should not "Waste my time with them."

Now I cannot un-know that!

Dear Church: We are a people who say we are A MOVEMENT FOR WHOLENESS IN A FRAGMENTED WORLD. **We say we are a people who know the stories of Jesus** who always stood with the poor, the outcasts, the women, the gentiles, the blind, the lepers, the sick and all others who were vulnerable and excluded by the bullies of life.

We cannot UNKNOW these stories

O people of the Church,
let 'what we KNOW' effect deeply our
actions in this world

Meet newest member Susie Smith

Our newest member is **Susie Smith**, who joined FCC on March 5. Susie has been attending Handcrafters for quite some time so, even though she is Jewish, she decided that she loves and is excited about the FCC community. She feels welcomed here.



Susie was born in St Louis and grew up in New York City. She attended Goddard College in Vermont where she met her husband Cort (now married for 53 years!) They both were involved in education and founded a school in the



Susie Smith, above; fellow Handcrafters Irene Hackett, Mary Lou Norman and Gwen Elmshouser smile happily as Susie joins FCC.

Twin Cities based on the Summerhill School in England. Susie and Cort have three children, one of whom is Jessica who, until recently,

ran the Regla de Oro store in the

Greenleaf complex next door (The store is now online only.) Susie is a weaver of rugs and assembled her loom all by herself! Please greet Susie either in worship or Thursday mornings at Handcrafters!

Story by Karen Kandik

Clergy in D.C. for Standing Rock prayer and march

Pastor Laurie, Bill Spangler-Dunning, and other Disciples clergy and laity took part in the Religious Allies Pray & March with Standing Rock gathering in Washington, D.C. on Thursday, March 9 and Friday, March 10. Faith leaders from a variety of denominations, including Disciples, participated in this historic event to highlight the rights of Indigenous brothers and sisters in their various nations (tribes) and their right to protect their homelands, environment and future generations.



Clergy and lay leaders, Native American leaders from throughout the country, and residents of the Standing Rock Sioux Reservation in North Dakota held a service on Thursday evening at the Washington National Cathedral. The march took place on Friday.

Health at First

Julie Andrix, Faith
Community Nurse

Guarding Against Dry Skin

With age, oil glands become less active. Your skin is less able to replenish the oils and fluids removed by soap and water. To guard against the drying effects of bathing, try these tips:

- Limit baths and showers. Bathing once a day or every other day is sufficient for most people.
- Limit time and temperature. Use warm (not hot) water and limit your time in the water for five to ten minutes.
- Select soaps carefully. Choose super fatted, nourishing soaps that clean without removing natural oil. This includes brands such as Basis, Purpose and others. Soap substitutes in bar, gel and liquid forms are less drying than are deodorant and antibacterial soaps.
- Limit use of soap while bathing so as to limit drying of the skin. Using clear, warm water on the areas of your body cleans adequately most of the time.
- Pat dry and don't rub your skin. When towel drying, pat your skin gently. Or brush your skin rapidly with the palms of your hands to dry.
- Seal in moisture. While still damp, lubricate your skin with an oil or cream. A heavy moisturizer (water-in-oil formula) is longer lasting; Vanicream, Eucerin cream, Lubriderm are good examples.

Keeping skin from drying and cracking as we get older is a challenge but with daily moisturizing, it can be decreased in severity.

Now that we have the stronger, warmer rays of the sun, don't forget your sunscreen or protective clothing when outdoors.

Here's to healthy skin at First!

April 2017
First Christian Church



Sunday Morning Schedule

9:00 Spiritual Formation Classes
10:30 Worship
11:45 Fellowship Time in Gathering Space

						1 9 am Men's Bible Study 3:30 pm Chris Wogaman ordination
2 Garden Sanctuary Noon – Child Ministries Meeting	3 7 pm Carter Circle @ Sandy Morgan's	4 7 pm Wholeness Fund Cmte	5 8 am Narrative Lectionary Bible Study 5 pm Soup 6pm Lenten service 6 30 Handbells 7:45 Choir	6 9 am Ecumenical women's ministry 7 pm Pastor Laurie PRC 7 pm Pastor Dan PRC	7 4 pm First Friday	8 9 am Men's Bible Study 9 am SH Huddle
9 Garden Sanctuary Palm Sunday 9:20 Peeps Contest 9:30 Sanctuary Forum	10 6:30 pm Brews and Views	11	12 8 am Narrative Lectionary Bible Study 2 pm Mission & Outreach 5:30 Finance Comm 6 30 Handbells 7:45 Choir	13 Maundy Thursday 9 am Ecumenical women's ministry 6 pm Soup Supper 7 pm Communion Service 8 pm Prayer Vigil begins	14 Good Friday 3 pm Prayer Vigil ends 7 pm Good Friday Service	15 9 am Men's Bible Study
16 Garden Sanctuary EASTER 6:30 am Sunrise Service 8 am Worship I 9 am Easter breakfast 10:30 Worship II	17 7 pm Covenant Revision Committee	18 6 pm Worship Committee 7 pm FCC Board	19 8 am Narrative Lectionary Bible Study 6 30 Handbells 7:45 Choir	20 9 am Ecumenical women's ministry	21	22 9 am Men's Bible Study
23 Garden Sanctuary Earth Sunday 9:20 Inter-generational Sunday School 30	24 6:45 SH Building Committee	25	26 8 am Narrative Lectionary Bible Study 6 30 Handbells 7:45 Choir	27 9 am Ecumenical women's ministry 7 pm SHMC Board	28	29 9 am Men's Bible Study

	Elders	Worship Leader	Children's Moment	Diaconate	Bus Drivers
April 2	Kirsten Cackoski Barb Creighton	Martha Harris	Deb Murphy	A. Bliss M. Carlson A. Creighton B. Flanagan S. Grady B. Hall W. Manuel	Garry Hesser 612.721.4905
April 9 Palm Sunday	Dean Creighton Tom Curry	Anna Bliss	Deb Murphy		Mike Hesano 651-645-6758
April 16 Easter 8 am worship 10:30 worship	Martha Harris Mike Hesano Jay Hillestad Kirsten Cackoski	8 am Garry Hesser 10:30 Karen Kandik	Deb Murphy		Mike Morgan 612.926-9834
April 23	Lu Griffin Val Dunham	Pat Dunlop	Dan Adolphsoh		Garry Hesser 612.721.4905
April 30	Steve Rusinak Lu Griffin	TBN	Laurie Feille		Mike Hesano 651-645-6758

Note: Please call drivers by Saturday for Sunday bus ride

Water is Life in Minnesota – starting at SH

By Elly Wagner, Lyndale United Church of Christ

The SpringHouse Green Team is excited about our plans for an extended Earth Week, starting before Earth Day and continuing through Sunday, April 30, so put these events on your calendar. With so many expressing concerns regarding water, the focus for our Earth Week this year will be on how we can care for this precious and fragile resource.

Our initial event before Earth Day is setting up carpooling for people from SpringHouse to Water Action Day at the Minnesota State Capitol on Wednesday, April 19. This free and fun event runs from 8 am to 4 pm and includes a rally, issue training, and meetings with legislators.

Then on Earth Day, April 22, we'll be organizing a group to attend the Science March in St. Paul, which goes from 11 am -2 pm.

On Sunday, April 23, we'll have several special events. The Green Team is collaborating with the Children Ministry Team for an inter-generational Earth Day Sunday School program, featuring multiple interactive water-related stations that people of all ages will enjoy. We are then inviting people from all three congregations to gather at the baptismal area for a water ritual just prior to the 10:30 worship services. After the worship services that day there will be displays in the Gathering Space on action ideas to help preserve our water resources, including information on the Coral Reef Crochet Project, the Low Salt Diet for Minneapolis project aiming to lessen pollution from winter de-icing salt in our water, and much, much more.

There will also be an opportunity after the worship services on April 23 for children, youth, and the young at heart to go into the neighborhood around SpringHouse to stencil signs on storm sewer street drains indicating where that water goes, as well as distributing door hangers with water saving information to neighborhood homes.

There is another march on Saturday, April 29, the Climate March in St. Paul. More details on that demonstration to come, but get your marching shoes ready.

And to wrap up our Water is Life in Minnesota events, we will again have our displays in the Gathering Space after the 10:30 worship services on April 30 for people to get information and take action. There is lots to do regarding this issue that needs lots of attention, so we are pleased to provide lots of opportunities as we care for the water of our planet. Check with Elly Wagner at 952-922-7703 or ellyrw@aol.com if you have questions.

Sanctuary Forum on Legal Implications

The Sanctuary Task Force continues to offer opportunities for learning and reflection on what it would be like to be a Sanctuary church, to offer safe space and support to those about to be deported.

Our second gathering is scheduled for March 26 at 9:30 am and will focus on the legal implications, risks, challenges of being a Sanctuary space. Two experienced attorneys will share from a general legal perspective what we want and need to consider when each of us comes to our own personal decision about this proposal.

What is illegal, sort of illegal, probably not illegal, or legal in this situation? What are the consequences – now – and are these changing in the political climate we're in at this moment in time? Being a Sanctuary space offers risk. Can all questions be answered ahead of time – likely not! The Sanctuary Task Force is committed to offering space and time for knowledge-building and deep thinking, so that when it comes time to vote, all Springhouse members feel they have had the opportunity to have their questions and concerns addressed.

There are lots of ways to get questions to the Task Force: email them to the office, talk to one of us, or place them in the offering plate on Sunday!

Sanctuary Task Force
Rebecca, Kathryn, Paula, Kathy,
Wendy, Rae, and Pastors Laurie,
Rhonda, and Ashley

Sundays at First Christian Church

Worship at 10:30

Before Worship:

Spiritual Formation Classes:

9:00 Hearthstone Class,

9:20 Children's Classes;

9:30 SH Joint Adult Class

After Worship

11:45 Fellowship Time

Scripture Reading for Sunday, March 26 Rich Man and Lazarus Luke 16: 19-31



Lazarus at the gate - fresco
in National Art Museum of
Catalonia, Barcelona

*First Christian Church (Disciples of Christ), Minneapolis,
is a partner church at SpringHouse Ministry Center*

Reflections on the Word

Luke 16: 31 - He said to him, "If they do not listen to Moses and the prophets, neither will they be convinced even if someone rises from the dead." "

Father Abraham is talking to Dives about his brothers, whom Dives wants to warn. Perhaps in this parable, Jesus is urging us to have open hearts to all of those who have wisdom to share about the nature of God, so that we can be ready to embrace new and unexpected miracles.

Divine Word, Open our hearts to reflect the light of your truth to others, for the sake of the Incarnate Word, Jesus Christ. Amen.

*A Welcoming Community of Faith in the Heart of the
City*

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