

The Courier

First Christian Church (Disciples of Christ), Minneapolis



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UPCOMING Events

Pride Celebration,
June 25-26

outh Minneapolis Day Camp,
at Bethel Lutheran,
June 27-July 1

SpringHouse Family
Camping Weekend,
July 15-17

Caleb Callanan and Lu Zang our 2016 grads



Caleb Callanan being recognized during worship service by Pastor Laurie

Caleb Callanan, son of Sands McAlees, graduated from not one but two schools this June. Caleb graduated from Highland Park High School in St. Paul, with highest honors: Summa Cum Laude. While in high school, Caleb also took advantage of Minnesota's postsecondary enrollment option to take classes at St. Paul College, from which he also graduated Phi Beta Kappa, college's highest honor recognition.

Caleb is currently planning a Business/Finance major at St. Thomas University, where he will matriculate in the fall. He will enter St. Thomas just 2 credits shy of being a junior, the two classes being

required preparatory classes at St. Thomas.

Our other graduate is one of our choir section leaders, Lu Zang, who received his doctoral degree in music this spring from the University of Minnesota.

First Christian extends our congratulations to these two scholars!

Summer project: Bring us your water!

Pastor Laurie's children's sermon on June 12 included a request for children and adults. She and the pastors from our sister congregations at SpringHouse have put out this appeal:

As you go about your summer - as you travel, take vacations, go to the cabin or the lake, please take a moment and collect some water. Use an old bottle, a Ziploc, or whatever container you have to bring back some water from your summer adventures. All three congregations that are part of SpringHouse will be calling for your water to be brought to worship on Gathering Sunday in September.





In Our Prayers

Prayers for Joy

*For Rick and Anna Bowman
on the birth of their
daughter Esther*

Prayers for Concern

*For Gwen Elmshouser's
brother John*

*For Pat Carter, recently
hospitalized*

*For Lu Griffin and Mike
Hesano's friend Paul*

*For Ali Hesano's friend
For all our homebound*

*members, including
Phyllis and John*

Takekawa, and Ruth White

Prayers for World

*For the families and friends
of those killed and injured
in the Orlando terror, and
for people around the
world who are victims of
hatred and violence*

For the community of St.

*Cloud State University on
the death of their President*



A message from Sharon Watkins



Sharon Watkins, General Minister and President of the Disciples of Christ denomination, posted a video online with this message on June 13:

Love Wins

Our hearts are broken once again – this time by the hateful violence at Pulse Nightclub in Orlando:

- to those who lost loved ones – may you be surrounded with love in your grief and loss;
- to the injured and your families, may you know healing and hope;
- to the brave first responders and caregivers – as you face the memories of what you witnessed, may you find peace of mind;
- to LGBTQ neighbors – beloved of God – to families, allies and friends – may you find courage and hope in the knowledge of our love.
- To Muslim neighbors and friends – we know that such violence does not represent who you are any more than the actions of extremist Christians represent who we are. We stand together.

Sadly, today we also remember the first anniversary of the mass shooting at the Emanuel AME Church in Charleston. We continue to mourn with families and communities still grieving over that awful day.

We think about the many – too many – mass shootings of this past decade alone – Virginia Tech, Ft. Hood, Aurora, Sandy Hook, San Bernadino, Charleston and now Orlando. In this confluence of many social and international currents, the search for policies and processes to help prevent these acts will be complex. But it must begin with a rejection of hate and violence.

Through it all, this is the time to reach out to each other – as secular communities and communities of faith – as one human family knit together by God who loves us. Let us take action, in ways small and large, to show that love is stronger than hate. Love wins.

*Sharon's video can be seen at http://disciples.org/sharon_blog/love-wins/
First Christian Church's website fccminneapolis.org also has a Letter Re:
Violence written by the College of Regional Ministers and the Cabin of
General Ministries*

Campers, counselors commissioned June 19



Pastor Laurie recognized and commissioned the children and adults who will be participating in church camps this summer:

Jimmy Tucker, South Minneapolis Day Camp

Aiden Whitaker and Elizabeth Tucker, Junior Camp in Newton, IA

Becky Whitaker, counselor for Junior Camp, Newton, IA

Deb Murphy, South Minneapolis Day Camp leader, and director for Junior High and High School ADAM camp, Newton

Adam Conrad, Sr. High ADAM camp counselors

Dan Adolphson, Jr. High ADAM camp guest artist

Still time to help at events this week/weekend

Two big events for FCC are upon us, and volunteers are still welcome:

1. **Twin Cities Pride**, June 25-26 in Loring Park. In light of the tragic events in Orlando, this is a great opportunity for us to share God's extravagant love with a community that is hurting and needs to see that there are faith communities that welcome and love everyone regardless of gender identity or sexual orientation. Sign up online on FCC's website for a 2-hour time slot. Each year, we get visitors to worship who have heard of us through Pride!

2. **South Minneapolis Day Camp** – June 27 through July 1. Adult helpers are still needed for a variety of things. This is a great way to make a difference in the lives of a lot of kids, and have a great time doing it. The camp is a ecumenical effort involving Lutheran, UCC, Baptist and Disciples churches. Camp will be at Bethel Lutheran Church, 4120 17th Avenue South. Again, see FCC's website for more information.



Health at First

Julie Andrix,
Faith Community
Nurse



May was Mental Illness Awareness Month, but it is still timely to draw attention to the important topic of mental illness. These illnesses include a group of medical conditions that disrupt a person's ability to relate to others and to function in daily activities. Disruptions can include thinking, feelings and mood and they often result in a diminished capacity for coping with ordinary demands of life.

Serious mental illnesses include major depression, schizophrenia, obsessive compulsive disorder, panic disorder, anxiety, post traumatic stress disorder, and borderline personality disorder. Many people have more than one diagnosis.

The good news about mental illness is that it is treatable and recovery is possible. Receiving a good psychiatric and medical evaluation is essential in understanding what treatments and services may help. Some medical problems can present the same symptoms as mental illness and require different treatments, so it is important to obtain a proper diagnosis.

Mental illness can occur at any age and is not a result of personal weakness, lack of character or poor upbringing.

Meaningful work, volunteer or school roles, supportive relationships, diet, and exercise can contribute to overall wellness. My hope and prayer is for a healthy, meaningful life in Christ for all! Julie Andrix, RN

July 2016 First Christian Church				Sunday Morning Schedule 9:00 Spiritual Formation Classes 10:30 Worship 11:45 Fellowship Time in Gathering Space		
		Day Camp	At Bethel Lutheran	9 am – 4 pm	1	2 9 am Men's Bible Study
3 Garden Sanctuary 10:30 Infant Baptism 11:45 Youth Activity	4  [Closed]	5	6 8 am Narrative Lectionary Bible Study 10:30 am Staff Mtg	7 9 am Ecumenical women's ministry	8	9 9 am Men's Bible Study
10 Garden Sanctuary Noon – SH Green Team 11:45 Youth Activity	11	12	13 8 am Narrative Lectionary Bible Study 2 pm Mission and Outreach Comm. Meeting 5:30 pm Finance	14 9 am Ecumenical women's ministry 7 pm Pastor Laurie PRC	15 SpringHouse Family Camping	16 9 am Men's Bible Study
17 Garden Sanctuary 11:45 Youth Activity Noon SHMC Activistas 5:00 Elders	18 Mission At Our Doorstep Week* 6:45 SH Building Committee	19	20 8 am Narrative Lectionary Bible Study 10:30 am Staff Mtg 2:30 pm – Groveland Food Shelf Board Mtg	21 9 am Ecumenical women's ministry 7 pm SHMC Finance	22	23 9 am Men's Bible Study
24 10:30 Infant Baptism 11:45 Youth Activity	25	26	27 8 am Narrative Lectionary Bible Study	28 9 am Ecumenical women's ministry 7 pm SHMC Board	29	30 9 am Men's Bible Study Detroit Mission Trip Group leaves
31 Garden Sanctuary 11:45 Youth Activity						

*Mission at Our Doorstep Booklets are available in the Garden Sanctuary and the Office.

	Elders	Worship Leader	Children's Moment	Diaconate	Bus Drivers
July 3	Dean Creighton Ann Wolverton	Earl Dunham	Dan Adolphson	A. Hesano My Hurlocker Mx Hurlocker P. Kinney E. Tucker B. Whitaker G. Madsen	Garry Hesser 612.721.4905
July 10	Steve Rusinak Val Dunham	Barb Creighton	Laurie Feille		Mike Hesano 651-645-6758
July 17	Dean Creighton Tom Curry	Pat Dunlop	Steve Rusinak		Mike Morgan 612.926-9834
July 24	Val Dunham Lu Griffin	Martha Harris	Elaine Tucker		Mike Hesano 651-645-6758
July 31	Kirsten Cackoski Barb Rusinak	Garry Hesser	Anna Bliss		Garry Hesser 612.721.4905

Note: Please call drivers by Saturday for Sunday bus ride

SpringHouse neighbor could use help

SpringHouse Ministry Center is seeking volunteers to help a local SpringHouse homeowner with a very limited income who is waiting for her disability income to be approved.

Help is needed in the following ways:

- Yard work: Large branches from trees next door that reach nearly across the entire yard, removed; dying flowering crab tree removed; and evergreen shrubs removed from near house foundation, to discourage mice
 - Interior: Removal of previously mice infested furniture and replacement with donated items
 - Exterior: Light exterior repairs to seal openings where mice are entering the property near front entry and around foundation, replacement of existing CO/Smoke detectors (Provided by City of Minneapolis)
 - Ideas for financial assistance we may have or may be able to offer. \
- Allen Henden of Lyndale UCC, has offered to be a liason between volunteers and the homeowner. Contact him if you have questions or would like to help out:

ajaj5520@msn.com [612-413-0111](tel:612-413-0111)

Memorial for former FCC member

A memorial service for Doris Helvig, who died earlier this year, will be on Monday, June 27, 2016, at 1 pm at Unity North Spiritual Center, 11499 Martin St, NW, Coon Rapids, MN 55433.

FCC reaches far and wide for worship leaders



Athena Carlson leads worship from Chile

FCC members may leave Minnesota for work or study, but that doesn't mean they aren't still active members with us. Several members have been worship leaders from as far away as South America and Europe via Skype, a software application that lets people talk face to face. Athena Carlson, currently teaching English in

Chile, was the most recent long-distance worship leader on June 19. James Petermeier who is studying in Europe and Justin Carlson, working on an advanced degree in Massachusetts, have also led worship this year in this innovative way.

SpringHouse Board Notes

The SpringHouse Ministry Center board met Thursday, May 26 with 12 people present. Highlights from the meeting include the following:

- Treasurer Emma Jorstad reported no issues of concern with SpringHouse finances and budget.
- Lyndale UCC members have concerns with TruStone Credit Union's (where SH does banking) union issues that are before the Labor Relations Department. Lyndale members have written a letter to TruStone about their practices and will continue to monitor developments.
- Building Committee continues to discuss proposed needs that go beyond current budgeting. The committee will also continue to discuss and clarify the role and scope of the Kitchen Committee.
- Plans are proceeding for supporting SH youth in Red Cross training for child care/baby sitting involvement,
- SH board voted to participate in the "Blessed Ramadan" Initiative of the Minnesota Council of Churches.
- SH board approved the initiative brought by Allan Henden (Lyndale) and Garry Hesser (FCC) for the Meditation Experiment, an experiment in contemplation for the SH community

Sundays at First Christian Church

Worship at 10:30

Before Worship:

Spiritual Formation Classes:

9:00 Hearthstone Class,
9:30 Children's Classes;
9:30 SH Joint Adult Class

After Worship

11:45 Fellowship Time

**Scripture Reading for
Sunday, June 26
Generosity
2 Corinthians 8: 1-15**



*First Christian Church (Disciples of Christ), Minneapolis,
is a partner church at SpringHouse Ministry Center*

Reflections on the Word

2 Corinthians 8: 3-4 For, as I can testify, they voluntarily gave according to their means, and even beyond their means, begging us earnestly for the privilege of sharing in this ministry to the saints

Paul holds up the Macedonians as an exemplar of giving. His emphasis is on the fact that it is God's *grace* that enabled their paradoxical abundant joy and extreme poverty to overflow with a wealth of generosity in the midst of a particularly difficult time. Paul is showing the Corinthians and us that generosity is indeed one of God's spiritual gifts

Loving God, Help us to give freely so that we can share in one another's lives. Amen.

By Lois Malcolm, Luther Seminary,
St. Paul, MN

*A Welcoming Community of Faith in the
Heart of the City*

Ministry Team

Dan Adolphson, Associate Pastor
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Julia Andrix, Faith Community Nurse
fcn@mpls.org

Rick Bowman, SHMC Building Manager

Serena Chial, Nursery Attendant

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